



BABY TRAVEL PACKING LIST

Feeding

- ☐ Bottles (2–3)
- ☐ Formula / breast pump supplies
- ☐ Burp cloths (5+)

Diapering

- ☐ Diapers (1 per 2 hours + 10 extra)
- ☐ Wipes (2 packs)
- ☐ Changing pad
- ☐ Diaper cream

Sleep & Comfort

- ☐ Lovey (2 – one hidden backup)
- ☐ Sound machine
- ☐ Sleep sack
- ☐ Blackout solution

Clothing

- ☐ Onesies (8–10)
- ☐ Pants (5–6)
- ☐ Socks (7–8)
- ☐ Layered outfits

Travel Gear

- ☐ Car seat
- ☐ Stroller
- ☐ Baby carrier/wrap

Health & Safety

- ☐ Infant Tylenol
- ☐ Thermometer
- ☐ Nose Frida
- ☐ Diaper rash cream

Organizing Extras

- ☐ Ziploc bags (all sizes)
- ☐ Plastic bags (dirty clothes/diapers)
- ☐ Changing pad liners

